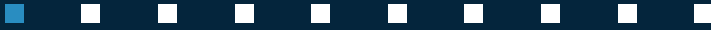




PREVENTING SEXUAL VIOLENCE:

THE FACTS

At least **1 in 10** will experience sexual violence in their lifetime.^{1,2}



Definitions:

- **Sexual Abuse:** sexual behavior with a child
- **Sexual Assault:** any sexual activity without consent
- **Sexual Harassment:** anything that is unwanted and sexual
- **Sexual Violence:** an act of violence about power and control; most likely done by someone the victim knows.

Preventing Sexual Violence: The Facts

Things to Notice³

Testing boundaries

- Inappropriate comments
- Unwanted touching
- Special attention or favoritism

Isolation

- Separating someone from the group
- One-on-one interaction

Recognize the Signs

- Abrupt change in behavior
- Fear or avoidance of a particular person
- Poor peer relationships
- Self-harming behaviors

**TRUST
YOUR
GUT!**

**If something
feels wrong,
it probably is.**

Interrupt the behavior⁴

Do something directly

- “We don’t play favorites on this team”
- “That’s not appropriate behavior.”
- “You should never be one-on-one with an athlete.”

Get others to help

- Call SafeSport’s Helpline at **720-531-0340**
- Talk to your athlete’s parent

Create a distraction

- “Bring it in.” Get everyone together.
- “We’re moving on to another drill.”
- “Will you come here and help me with something?”

Support the person being hurt³

- Ask “Is everything okay?”
- Address special attention paid to one athlete

Report if

- A child discloses abuse
- You discover or suspect abuse
- Make reports to your local law enforcement and the child abuse hotline: www.childhelp.org/hotline

Supportive Things to Say:

“Hey, that wasn’t okay.”

“I’m so sorry that happened.”

“Thank you for trusting me with this.”

“I believe you.”

“What happened was not your fault.”

“How can I be helpful?”

“What do you need right now?”

“Your reaction is normal”

Presented by:

MOCOSA

Metropolitan Organization to Counter Sexual Assault



SafeSport's Helpline

720-531-0340

Your local child abuse hotline

childhelp.org/hotline

MOCSA

mocsa.org

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